Visit the Harold F. Johnson Library and Knowledge Commons to Stress Less

December 2nd - 9th

During the first week of December the Library and Knowledge Commons will be promoting mental wellness in the form of:
- gratitude journals
- coloring pages and crafts
- baked goods, Dec 3rd-7th: Set out at 10am while supplies last!
- drop in support at the InfoBar and Knowledge Commons

Stress Less Schedule of Events:

December 2nd, 4pm-8pm: Brainstorm with the KC Fellows
- Collaborative work-space to meet with your peers as well as experienced alumni fellows
- Looking for guidance on completing your Div? Need help scheduling or just looking for someone to talk through your ideas with?

Meet with us in the Knowledge Commons!

December 9th, 4pm - 8pm: Follow Up Consultations
- Meet with the KC peer mentors for consultations or to follow up on how projects are moving forward and any additional support you may need!

December 3rd - 7th, 12pm - 5pm: Drop-In Research Help at the InfoBar
- Need help finding sources for your final papers or projects?
- Confused about citations?
- Is Google Scholar not giving you the answers you need?

Come talk to us at the InfoBar!

December 4th, 2pm - 8pm: HLP Open Study Session
- Come be in a room full of other folks avoiding the black holes of Netflix and Facebook, trying to do what they're supposed to.
- We'll have a quick optional check in at the beginning, an hour in, and the end.
- HLP Alumni Fellows available for consult as needed

Show up whenever you can in the Knowledge Commons!
Snacks will be provided!

Questions? Ask us!
library@hampshire.edu