

Hampshire Farm Baby Ginger For Sale



Baby ginger has a crisper, fresher texture and flavor than the ginger we normally buy in the store because it's harvested earlier -- and it is gorgeous too. Think ginger tea, ginger scones, carrot ginger soup, ginger and greens, ginger and sweet potatoes, gingerbread... well, you get the picture. In addition to being really tasty, ginger has many medicinal qualities: it is a great anti-inflammatory and digestive aid and helps fight the common cold. It also freezes well, and grates and slices easily when frozen. All this for only \$12/lb, sold in half-pound increments. To order, contact nhanson@hampshire.edu.

Hampshire Farm Turmeric For Sale



Related to baby ginger, fresh turmeric can be used any way that powdered turmeric is used — in Indian or Thai cooking, in smoothies, or as a tea with or without ginger. It also has anti-inflammatory properties and fights the common cold. Like baby ginger, it freezes well and is easy to grate or slice while frozen. \$18/lb, sold in half-pound increments. To order, contact nhanson@hampshire.edu.