**Guide to Writing Self-Evaluations**

**Hampshire College Center for Teaching and Learning**

At Hampshire, we ask you to engage in self-evaluation because we know that it is a powerful tool to aid learning. Self-evaluation is not simply about reporting how hard you worked (though working hard is important). Self-evaluation is a tool for reflecting on and guiding your learning. Reflection can lead to deeper understanding of your strengths and areas for improvement; it can help you set goals, and find your academic path. Reflection helps you look backward at who you have been as a learner and think forward about who you want to be as a learner. It can help you find new patterns of engagement with your work, so that you become a more active learner,

Here are some questions to guide your written self-evaluations. You don’t have to write about every one of these for every course, but these kinds of questions lead to more meaningful reflection.

What were your goals for the course? Consider the following:

1. Look back at the goals on the course syllabus
2. Think about the reasons you took the course – what were your own goals for your learning?
3. Think about your Divisional work – what are your questions, what skills did you hope to develop?

Then, reflect on such things as:

* How did the course help you move forward with your goals?
* What were your major accomplishments? In what ways did you make progress?
* What helped you make progress?
* What might you still be struggling with?
* What are the strengths you want to build on?
* Have your goals changed as a result of the course? (That is, do you have new questions, new skills or abilities you want to develop, new connections to explore, etc.?)
* Has the course transformed your thinking or your abilities in any way?